

Registration Procedure & Guidelines

- ~ Determine what class best fits your child's swimming level.
- ~ Decide what session, day & time fit your schedule.
- ~ Complete a registration form (available at the Front Desk and online at www.theswimmingholestowe.com)
- ~ Payment must be made in full to reserve your space
- ~ All group lessons have a minimum of 2 children per class. If the minimum is not met the day before the class you will receive a call to inform you that the group class is cancelled and you may be asked to move to another class time. If no other class time works for you, you may schedule a private lesson during that class time for \$15. After that day, if you maintain your spot, it will be charged at the full private lesson rate.
- ~ Refunds are only granted prior to the start date. There are no makeup classes.
- ~ Please be prompt picking up your child at the end of their lesson time.

Finding the Right Level

Below are the skills taught in each level.:

First Splash / Super Splash (6-17 Months / 18 Months - 3 Years)

These classes are designed to help young children become comfortable in & around the water so they are ready to learn to swim.

These fun classes teach parents techniques to help orient children to the water using games & songs. Parent participation required.

Instructor: Parent/Child Ratio 1:6 pair

Water Exploration

Level 1 (minimum age 3 years)

This class is for those ready to learn submerging eyes, ears & nose, bobs, supported front & back floats, supported arm & leg action on front & back, safety skills

Instructor: Child Ratio 1:4 Children

Primary Skills

Level 2

This class is for those ready to learn 5 bobs, open eyes and retrieve object, front/back floats independently, front/back glides, roll over, front & backstrokes 15 feet, learn treading water, jumping from side, safety skills

Instructor: Child Ratio 1:4 Children

Finding the Right Level Continued

Stroke Readiness

Level 3

This class is for those ready to learn to jump into deep water, dive from sitting or kneeling, tread in deep water, rotary breathing, front/back crawl 15 yards, butterfly kick & body motion, survival float, water safety.

Instructor: Child Ratio 1:6 Children

Stroke Development

Level 4

This class is for those ready to learn to dive from stride position, open turn front/back, tread water 2 minutes, swim underwater, front/back crawl 25 yards, butterfly, breaststroke, elementary backstroke, sidestroke 15 yards, safety skills.

Instructor: Child Ratio 1:6 Children

Stroke Development

Level 5

Provides further coordination & refinement of the following strokes Front Crawl, Back Crawl, Elementary Backstroke, Sidestroke, Butterfly & Breaststroke, Front/back flip turn, tuck/pike surface dives, shallow dive & swim, safety skills.

Instructor: Child Ratio: 1:6 Children

Group & Private Lesson Rates & Levels

Group Lesson Sessions (6 Weeks)

Members \$55, NonMember \$70

Each Session consists of six 30 minute classes

Parent & Child Classes, Level 1-5

Levels 1 & 2 Instructor/Child Ratio 1/4

Levels 3 - 5 Ratio is 1/6

Members \$55

Non Members \$70*

*Free Swim Time is not included in the lesson fee for NonMembers. To continue swimming that day, you may purchase a day pass or Non-Member practice pass for \$25

The NonMember Practice Pass entitles class participant & one supervising adult pool access after their swim lessons. It is available for purchase anytime within the session and may not be prorated or refunded after the first class

Interested in Private Lessons?

Private lessons are available for adults & children. Choose one on one instruction (one instructor per participant) or semi private lessons (one instructor to 2 participants).

Whether you want to learn to swim or improve your strokes, our WSI qualified staff can help you achieve your goals. Swimmers can start as early as age 2! Sign up at the front desk.

30 Minute Privates

	Members	NonMembers
Single Session	\$25	\$35
5 Sessions	\$115	\$165
10 Sessions	\$200	\$300
Semi Private	\$20/pp	\$30/pp

Swimming...

*for safety
for fitness
for fun...*



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Group Swim Lessons

