

SWIMMING SAVES LIVES

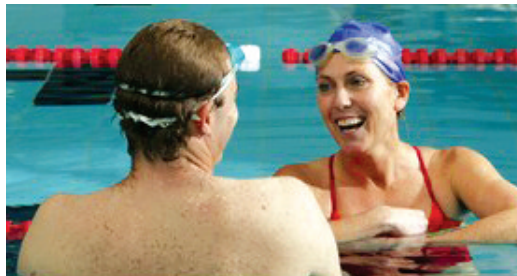
Adult Learn to Swim Lessons



If you can swim the length of the pool, but have never had a swim lesson, or it's been years and you'd like to learn correct stroke technique and how to breathe, this class is for you!

We are proud to be partnering with The Swimming Saves Lives Foundation in bringing you **FREE** Adult Group Swim Lessons this fall.

Maximum Participants: 6 - Call today to reserve your spot!



Wednesdays, 5:30-6:00pm
November 2 - December 14 (6 weeks)

Lesson are free, participants are required to join United States Masters Swimming
(for new members there is a one time 30 day free trial)

FREE

Coached by Charlotte Brnn
Pre-registration Required • Sign up at the Front Desk

The Swimming Hole • 75 Weeks Hill Road • Stowe, VT • 802.253.9229 • www.theswimmingholestowe.com
The Swimming Hole is a non-profit community pool & fitness center that welcomes community support.

THE
SWIMMING
HOLE