

CRAM SESSIONS

Week Long Intensive Kids Group Swim Lessons



LEVELS	WEEK 1 JUNE 19-23	WEEK 2 JUNE 26-30	WEEK 3 JULY 10-14	WEEK 4 JULY 17-21
SUPER SPLASH Parent/Child • 18 months - 3 years	9:00-9:30 am Louisa			5:00-5:30 pm Rachel
PRESCHOOL LEVEL 1 Supported Water Exploration • 3-5 years	9:30-10:00 am Louisa			
PRESCHOOL LEVEL 2 Assisted Primary Skills • 3-5 years	10:00-10:30 am Louisa	12:30-1:00 am Jeremy		5:30-6:00 pm Rachel
PRESCHOOL LEVEL 3 Independent Aquatic Skills • 3-5 years	10:30-11:00 am Louisa	1:00-1:30 am Jeremy	10:00-10:30 am Rachel	
LEARN TO SWIM LEVEL 2 Fundamental Aquatic Skills • 5+ years	11:00-11:30 am Louisa	1:30-2:00 am Jeremy	10:30-11:00 am Rachel	4:30-5:00 pm Rachel
LEARN TO SWIM LEVEL 3 Stroke Development • 5+ years		2:30-3:00 pm Jeremy	11:00-11:30 am Rachel	4:00-4:30 pm Rachel
LEARN TO SWIM LEVEL 4 Stroke Improvement & Refinement • 5+ years			11:30-12:00 pm Rachel	
ADULT Learn to Swim for Fitness			9:30-10:00 am Rachel	6:00-6:30 pm Rachel

DETAILS

Pre-registration required • Times subject to change • Space limited

REGISTER

Stop at the Front Desk to Sign-Up, Today!

\$70 member / \$95 nonmember



The Swimming Hole
75 Weeks Hill Road • Stowe, VT • 802.253.9229
www.theswimmingholestowe.com

The Swimming Hole is a non-profit community pool & fitness center that welcomes community support.