



Stowe Triathlon

500M Pool Swim • 14 Mile Bike • 5K Run

DATE Sunday • May 15, 2016
TIME 8:30am Start
PLACE The Swimming Hole in Stowe, VT
75 Weeks Hill Road, just off the Mountain Road (Route 108)

REGISTRATION FEES

\$55 - Individual (*before May 1st*)
\$65 - Individual (*on/after May 1st*)
\$125 - Team of Two or Three (*before May 1st*)
\$135 - Team of Two or Three (*on/after May 1st*)

REGISTRATION DEADLINES

Friday, May 13, 2016 • 8:00am
To guarantee T-shirt entry must be received by Friday, April 22, 2016.
No Race Day Entries

QUESTIONS?

Email jbradley@theswimmingholestowe.com or call 802.253.9229
Registration fees are non-refundable.
Check out our website at www.theswimmingholestowe.com for course maps.

EVENT DETAILS

7:00 - 8:00am Race Packet Pickup • Registration Tent

8:00am Race Meeting • Registration Tent
Check your heat number & lane

8:30am **START** • Front Door
Pool Swim • 500M, *Timed Heats*
Bike • 14 Miles, *Pursuit Format*

*(Each person will start at the exact time their swim time appears on the main race clock.
The main clock will start 5 minutes after the last person exits the pool in the last heat.
If you swam 9:38, then you'll 'start' when the main clock says 9:38)*

Run • 5K

PRIZES

Product Prizes to First Male & Female Overall, Top Team Finishers, 1st Place in Each Category and Fastest Male & Female Swimmer.

Awards will follow shortly after the last finisher. Brought to you by these great sponsors, and more...