

FLIP TURN CLINIC

Join Charlotte Brynn, in breaking down the flip turn into 3 easy to learn steps



Are you frustrated with slow turns slowing you down in the pool, or you simply never learnt how to flip turn, and have always wanted to?

The Approach • The Flip • The Push Off

Now is your chance!

Monday, May 8

5:00-6:00pm

\$15 members / \$20 non-members
Space Limited to 8 swimmers

