

# CRAM SESSIONS

Week Long Intensive Kids Group Swim Lessons



LEVELS	WEEK 5 JULY 24-28	WEEK 6 JULY 31-AUG 4	WEEK 7 AUG 7-11	WEEK 8 AUG 14-18
<b>SUPER SPLASH</b> Parent/Child • 18 months - 3 years	10:00-10:30 am Rachel			10:00-10:30 am Louisa
<b>PRESCHOOL LEVEL 1</b> Supported Water Exploration • 3-5 years	10:30-11:00 am Rachel		9:30-10:00 am Louisa	
<b>PRESCHOOL LEVEL 2</b> Assisted Primary Skills • 3-5 years		12:30-1:00 pm Jeremy	10:00-10:30 am Louisa	10:30-11:00 am Louisa
<b>PRESCHOOL LEVEL 3</b> Independent Aquatic Skills • 3-5 years	11:00-11:30 am Rachel		10:30-11:00 am Louisa	
<b>LEARN TO SWIM LEVEL 2</b> Fundamental Aquatic Skills • 5+ years		1:00-1:30 pm Jeremy	11:00-11:30 am Louisa	
<b>LEARN TO SWIM LEVEL 3</b> Stroke Development • 5+ years	11:30-12:00 pm Rachel		11:30-12:00 pm Louisa	11:00-11:30 am Louisa
<b>LEARN TO SWIM LEVEL 4</b> Stroke Improvement & Refinement • 5+ years		1:30-2:00 pm Jeremy		
<b>LEARN TO SWIM LEVEL 5</b> Stroke Improvement & Refinement • 5+ years		2:00-2:30 pm Jeremy		11:30-12:00 pm Louisa

## DETAILS

Pre-registration required • Times subject to change • Space limited

## REGISTER

Stop at the Front Desk to Sign-Up, Today!

\$70 member / \$95 nonmember

THE  
SWIMMING  
HOLE

The Swimming Hole  
75 Weeks Hill Road • Stowe, VT • 802.253.9229  
[www.theswimmingholestowe.com](http://www.theswimmingholestowe.com)

The Swimming Hole is a non-profit community pool & fitness center that welcomes community support.