

## SWIM INSTRUCTOR BIOS



### **JEREMY BRADLEY**

I have been teaching swim lessons over 10 years at The Swimming Hole and am about to begin my 5th year as the Head Swim Coach. I enjoy swimming as a recreational sport as well as a competitive discipline. I love teaching all that I know to swimmers of all ages. When a swimmer masters a new skill, that is the best feeling in the world, and the reason I teach.



### **LOUISA HAYES**

I have been teaching preschoolers to swim for over 15 years. There is nothing more satisfying than to see the look of success and achievement when a child learns a new skill or overcomes a fear and discovers a new sense of confidence. I was a competitive high school swimmer and a more recent triathlete. My focus most recently has been on training lake front lifeguards and instructors. I am an advocate of water safety and truly enjoy teaching little ones to love the water.



### **LAMERCIE CHAVES**

Swimming is one of my favorite sports. I love teaching children the importance of the water, and how to stay safe while swimming. This is my second year of teaching lessons, and I absolutely love it! I think it's super important to have fun, but also know the safety of swimming.



### **ELAINE FORTIN**

While growing up on the St. Lawrence River, water awareness was a high priority and led to a lifelong love of water sports and respect for human limitations around water. My role as a Water Safety Instructor lets me teach others the joys of swimming, of feeling confident and building endurance in water. As an Adaptive Aquatics instructor, I am committed to helping each individual realize their abilities, establish and reach their goals, improve their health, fitness and self-esteem. As a mermaid swim instructor, safely teaching people the joys, both fantastical and fitness-wise, of monofin swimming. It is simply my dream job.

## Seasonal Instructors



### **EMMA HELMKEN**

Every summer for as long as I can remember, I spent on a lake, at camp. I was a camper & eventually became a WSI certified counselor. This gave me a great chance to work with children of all ages & all swimming abilities, as well as the realization that I love to teach swimming. I've lived in Waterbury my whole life and love everything about Vermont. I try to share my love of the water with all my students young and old, regardless of ability. I think everyone can swim as long as they have a positive attitude & a readiness to learn.

## Executive Swim Instructor



### **CHARLOTTE BRYNN**

For the last 30 years I have been sharing a love of the water. I specialize in teaching & coaching the Adult swimmer including beginners, fitness swimmers, competitive swimmers, open water & triathletes to improve technique, efficiency and speed. Qualifications/Experience: WSI Certified Swim Instructor, Level 2 ASCA Swim Coach, Level 3 ASCA Masters Swim Coach, New Zealand Swim Coaches Associate Certified Swim Instructor, USMS Long Distance National Champion, All American 2 Mile Open Water & 2013 World Woman Open Water Swimmer of The Year Nominee. Limited availability.

