

FALL stroke & Turn Clinic

SEPT 3 – OCT 10, 2019



Get Ready for Winter Swim Club with technical stroke work.

FUN! The number one reason why kids swim. Increases confidence and sense of accomplishment.

Great introduction to team/group dynamics. Develop friendships that last a lifetime.

ROOKIES / DEVELOPMENTAL 1 - 3:15-4:00pm TUES & THURS *(your choice of 1-2 days)*

DEVELOPMENTAL 2 / ELITE - 4:00-5:00pm TUES & THURS *(your choice of 1-2 days)*

Head Coach, Jeremy Bradley

Ages 6 - 18. Groups will be divided by age and/or ability. Must be able to swim 1 length.

\$105 members / \$145 nonmembers

Space limited. Sign-up now!

The Swimming Hole • 75 Weeks Hill Road • Stowe, VT • 802.253.9229 • www.theswimmingholestowe.com

The Swimming Hole is a non-profit community pool & fitness center that welcomes community support.

THE
SWIMMING
HOLE