

# Adult Group SWIM CLASS

*Ready to learn how to master swim?*



This class focuses on helping you relax in the water and learn correct swimming technique. Perfect for novices and those who have difficulty breathing while they are swimming.

**Space Limited! Secure your spot, TODAY!**

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**Mondays • 4:30-5:00pm**  
**October 14 - November 18**

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**Pre-registration Required**

**Cost:** Members: \$65 • Nonmembers: \$85

**Instructor:** Charlotte Brynn

**To sign up:** Call or stop by TSH